

**Cardiff Met GP 2 Non Thomas Open 4th Feb 2018****cardiffmetathletics****Timetable (As of 31st Jan 16:45pm)****TRACK**

| Start | Event Male/Female Entries numbers/Location Status |
|-------|---|
| 11:30 | 60m Hurdles Men OPEN & South West Championships *Entries: 7 (3 SM/4U20) * 1 race |
| 11:35 | 3000m Womens Welsh Championships |
| 11:50 | 60m Hurdles Women OPEN & South West Championships *Entries: 8 1 races |
| 12:00 | 60m Heats Men OPEN (fastest 8 into final) *Entries: 69* 9 races |
| 12:40 | 60m Heats Women OPEN (fastest 8 into final) *Entries: 43* 5 races |
| 13:00 | 60m Men & Women Masters Championships WM 6 races |
| 13:30 | 60m Final Men OPEN 1 races |
| 13:35 | 60m Final Women OPEN 1 races |
| 13:40 | 800m Men OPEN & South West Championship *Entries: 28* 5 races |
| 14:05 | 800m Women OPEN & South West Championship *Entries 16* 3 races |
| 14:20 | 3000m Mens Welsh Championships |
| 14:35 | 1000m Men & Women Non Thomas Invite |
| 14:40 | 1500m Women OPEN *Entries: 21* 2 races |
| 14:55 | 1500m Men OPEN *Entries: 36* 3 race |
| 15:15 | 1500m Men & Women Masters 2 race |
| 15:30 | 200m Men OPEN & South West Championships *Entries: 44* 11 races |
| 16:10 | 200m Women OPEN & South West Championships *Entries: 30* 8 races |
| 16:40 | 400m Men OPEN *Entries: 22* 5 races |
| 17:00 | 400m Women OPEN *Entries: 28 7 Open |
| 17:30 | 400m Men & Womens Masters 9 races |

FIELD

| Start | Event Male/Female Entries numbers/Location Status |
|-------|--|
| 12:00 | Pole Vault Men OPEN *Entries: 6* |
| 12:00 | Long Jump Men OPEN & South West Championships *Entries: 14* INFIELD |
| 12:00 | Shot Put Men OPEN & Men Masters *Entries: 4 & WM 14 * |
| 14:00 | Long Jump Women OPEN & South West Championships *Entries: 25* INFIELD |
| 14:00 | Shot Put Women OPEN & Women Masters *Entries: 8 & WM 12 * |
| 15:00 | Pole Vault Women OPEN *Entries: 11* |
| 15:30 | High Jump Men & Women OPEN *Entries: 5 & 6 * BED 1 |
| 15:30 | High Jump Men & Women Masters OPEN Entries: 7 & WM 2* BED 2 |
| 15:30 | Triple Jump Men & Women OPEN & South West Championships *Entries 7 & 9* INFIELD |

