

2		Today's Female Entries 111			CLOSING TIMES FOR ENTRY / HIDE COLUMN WHEN CLOSED												
300					Event names closing times			60m	60m Hdl	300m	1k Walk	600m	3k Walk	3000m	High Jump	Long Jump	Pole Vault
					1:40 PM	12:40 PM	1:20 PM	11:15 AM	3:20 PM	11:25 AM	11:40 AM	2:45 AM	2:30 PM	12:30 PM	1:00 PM	12:30 PM	
EVENT COUNTERS					41	5	24	2	16	3	11	3	21	10	3	3	
ATHLETES DETAILS					Track Personal Bests							Field Personal Bests				Combined Ev	
BIB	First Name	Surname	Club	Age Group	Hammer	60m	60m Hdl	300m	1k Walk	600m	3k Walk	3000m	High Jump	Long Jump	Pole Vault	Shot Put	60m Hdl CE
186	Katy	Townsend	Cardiff Met AC	SEnw		8.20											
187	Zoe	Nash	Cardiff Met AC	SEnw		7.90											
188	Georgina	Sunderland	Cardiff Met AC	SEnw		8.20	9.00										
189	Frankie	Allen	Cardiff Met AC	SEnw		8.20								0.00			
190	Sian	Swanson	Cardiff Met AC	SEnw		7.99								0.00			
191	Belem	Simarro	Cardiff Met AC	SEnw									1.70				
192	Sasha	Bernard	Cardiff Met AC	SEnw										0.00			
193	Melanie	Garland	Worcester AC	SEnw		9.50							1.33	4.30		7.50	
194	Harriet	Emery	Yate AC	U20W				42.50									
195	Sarah	McCarthy	Mid-Sutton AC	SEnw		7.50		40.00						6.20			
196	Elisha	Thomas	Newport Harriers	U20W		8.10											
197	Sophie	Matthews	Brecon AC	U20W		8.32								4.80			
198	Amy	Clark	Stroud AC	U20W						1.500							
199	Katie-jane	Priest	Swansea Harriers	SEnw		7.78											
200	Molly	Mckerlich	Cardiff AAC	U13G					6.250								
201	Issie	Tustin	Cardif AAC	U20W		8.03											
202	Harriet	Emery	Yate AC	U20W						1.400							
203	Fiona	Hockey	Cardiff Met AC	U20W											3.50		
204	Ceri	Jones	Cardiff AAC	U20W											2.30		
205	Jenny	Milburn	Tavistock AC	U20W						1.370							
206	Elyse	Leech	Torbay AC	U20W		8.17		42.86									
207	Freya	Gemine	Swansea Harriers	U15G					6.000								
208	Olivia	Michael	Neath College	U20W				43.60									
209	Olivia	Walker	Cannock & Stafford AC	SEnw			8.45										
210	Emma	Ryder	Tavistock AC	U20W						1.400							
211	Yvette	Westwood	Yate & District AC	U20W		7.85											
212	Katya	Oldfield	Southampton AC	U20W				41.00									
213	Isabel	Davies	Newport Harriers	U20W		8.27		41.86									
214	Ada'ora	Chigbo	North Somerset AC	U20W												0.00	0.00

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215	Bethan	Davies	Cardiff AAC	SENW							12.440						
216	Juliet	Sidney	Newport Harriers	SENW	8.83			48.62									
217	Felicity	Church	Swansea Harriers	U20W										5.00			
218	Megan	Stratton-Thomas	Swansea Harriers	U20W							15.480						
219	Olivia	Walker	Cannock & Stafford AC	SENW	7.87												
220	Rhiannon	Wallace	Swansea University	SENW								11.000					
221	Megan	McBrien	Cardiff University	SENW								10.000					
222	Sarah	Gibbs	Newport Harriers	U20W	8.24												
223	Ffion	Llewellyn	Bridgend AC	U20W											3.40		
224	Lorna	Phillips	Bristol University	SENW	8.47												
225	Jess	Abrahams	Cardiff AAC	SENW											4.00		
226	Natasha	Mead	Exeter Harriers	SENW	8.80									4.00			
227	Hannah	O'Connor	Unattached	SENW	9.50											7.00	
228	Holly	Kinsey	Tavistock Athletic Club	U20W	8.42												
229	Jade	Kinsey	Tavistock Athletic Club	U20W	8.28												
230	Aimee-Leigh	Clowes	Tavistock AC	U20W									1.70	5.00			
231	Angela Louisa	Sonn	Forest of Dean AC	SENW	9.60			49.00									
232	Georgia	Silcox	Yeovil Olympiads	U20W			9.20							5.40			
233	Charlotte	Taylor-Green	Bristol & West AC	SENW								9.300					
234	Jade	Williams	Aman Valley	SENW								9.250					
235	Lois	Hilman	Cardiff AAC	U20W											3.20		

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236	Clare	Jollife	Bristol & West AC	SEW								0.000					
237	Joely	Bytheway	Tavistock	U20W		8.70				1.450							
238	Harriet	Nicholas	Cardiff Archers	U20W										0.00			
239	Heather	Lewis	Pembrokeshire Harriers	SEW							13.000						
240	Ana-Maria	Duran-Mingo	Bristol & West AC	SEW								11.000					
241	Catrin	Lord	Cardiff AAC	U20W										5.70			
242	Caroline	Walker	North Somerset AC	U20W											3.25		
243	Rebecca	Roots	Torby AC	U20W		8.46		41.91									
244	Georgia	Pickles	Sale Harriers Manchester	SEW											3.80		
245	Jenny	White	Worcester AC	SEW				40.00									
246	Alisha	Webb	University of Gloucestershire	SEW										5.00			
247	Lana	Culliford	Cardiff AAC	U20W		8.10		41.40									
248	Hannah	Wrigley	Team Bath AC	SEW						1.360							
249	Emma	Brearley	Newport Harriers	SEW				57.00									
250	Anna	Gordon	Cardiff Met AC	U20W											4.00		
251	Allison	Singleton	University Of Wales Trinity St David	SEW		8.50											
252	Emma	Bakare	North Somerset AC	U20W										5.30			
253	Isabel	Breden	Cardiff AAC	U20W			9.10										
254	Lisa	Scarfi	Newport Harriers	U20W				45.98									
255	Rhian	Jones	Cardiff AAC	U20W				47.55		2.100							
256	Mali	James	Cardiff AAC	SEW		0.00											
257	Kate	Malby	Bristol & West AC	SEW								9.050					
258	Chloe	Powell	Newport Harriers	U20W						2.000							
259	Kiah	Rosenstein	Plymouth AC	SEW		8.40											
260	Megan	Webber	Torbay AC	U20W		8.18		42.00									
261	Elizabeth	Toole	University of Bristol AC	SEW		8.60		40.00									
262	Ellie-Mae	Stokes	University of Gloucestershire	U20W										4.80			
263	Wendy	Morant	Birchfield Harriers	SEW								11.000					
264	Sarah	Everitt	Bristol & West AC	SEW								11.000					

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265	Andrea	Jesudason	Bristol & West AC	SEW										5.25			
266	Leah	Everson	Bristol University	SEW						1.400							
267	Ffion	Morgan	Cardiff Archers	U20W						1.380							
268	Holly	Brown	Newport Harriers	U20W	8.70												
269	Hannah	Agnieszka	Bridgend AC	U20W			40.30										
270	Jade	Brewster	Cardiff Met AC	U20W											3.60		
271	Annie	Testar	Stroud and District Athletics Club	U20W						1.450							
272	Natasha	Woods	Bridgend AC	U20W	8.01												
273	Skylar	Evans	Bridgend AC	U20W	8.71												
274	Lizzie	Harris	Cardiff AAC	SEW			40.50										
275	Ellis	Stephenson Wilding	Cardiff AAC	U20W			46.50										
276	Nia	Grundy	Cardiff AAC	U20W	8.39												
277	Armani	Williams	Newport Harriers	U20W	8.24		41.30										
278	Lucy	Allen	Newquay & Par AC (U15)	U20W											3.20		
279	Rhiannon	Barber	Brecon AC	U20W	9.00									4.50			
280	Amalia	Westerlund	University of Bristol AC	SEW			43.00							5.00			
281	Jessica	Robins	University of Gloucestershire	SEW	8.67									5.24			
282	Caryl	Granville	Swansea Harriers	SEW		8.59				1.34.4							
283	Rebecca	Pierce	Team Bath AC	SEW						1.400		10.300					
284	Rebecca	Chapman	Cardiff AAC	SEW	7.56									6.20			
285	Sophie	Pick	Carmarthen Harriers	SEW													0.00

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286	Lily	Ivin	Cardiff Archers	U20W										5.00			
287	Anna	Curtis	Swindon Harriers	U20W			45.00										
288	Louise	Jeffries	Team Bath AC	SEnw								12.500					
289	Alexandra	Bryant	Bristol and West AC	SEnw	9.00												
290	Sara	Geary	Cardiff AAC	SEnw													0.00
291	Ellie	Powell	Cardiff AAC	U20W						2.000							
292	Poppy	Kyle	Bridgend AC	U20W	8.40					2.100							
293	Ffion	Gregson-Lewis	Cardiff AAC	U20W													
294	Jess	Alexander	Swindon Harriers	U20W			45.00										
295	Charlie	Watson	Cardiff AAC	U20W						2.000							
296	Emma	Gardner	UWE	SEnw			45.00			2.000							
297																	
298																	
299																	
300																	