

**WELSH ATHLETICS DISTANCE CARD**

VENUE				TIME	1:30 PM	DATE	16-Dec-2018	act start time		act end time	
MEETING		<b>Cardiff Met Grand Prix 1</b>		All Comers Record: Gable GARENAMOTSE, Botswana, 8.01, 2002							
				Welsh Record: Lynn DAVIES , Roath H, Cardiff, 7.97, 1966							
				Grand Prix Best Performance: James GROOCOCK, Southampton AC, 7.77, 2012							
EVENT		<b>F07 Long Jump - Men</b>		Weight	1st Trial	2nd Trial	3rd Trial	4th Trial	Best of All	Given	Final
Order	No	NAME	CLUB		Metres	Metres	Metres	Metres	Metres	PB	Position
1	177	Keith POWELL (SENM)	Newport							4.73	
2	161	Matthew BARK-CHURCHILL (U17M)	Lavington Athletics							5.10	
3	139	Peter BURCH (SENM)	Southampton AC							5.60	
4	167	Olanrewaju SHITTU (SENM)	Exeter University							5.70	
5	170	Joseph KEANE (U20M)	Team Bath AC							6.00	
6	155	Daniel BOYD (SENM)	Gloucestershire Uni							6.20	
7	6	Justin TARRANT (SENM)	Cardiff Met							6.26	
8	2	Kyle HARTNELL (U20M)	Cardiff Met							6.40	
9	168	Philip GRUNDY (U20M)	Cardiff AAC							6.50	
10	184	Ollie THORNER (U20M)	Yeovil Olympiads							6.56	
11	229	Dan MURATHODZIC (U20M)	Cardiff Archers							6.80	
12	79	Simon HAMMANN (SENM)	Bristol & West AC							6.80	
13											
14											
15											
16											

FULL RESULTS										OFFICIALS	
POS	No.	NAME	CLUB	PERF	POS	No.	CLUB	PERF			
1					9						
2					10						
3					11						
4					12						
5					13						
6					14						
7					15						
8					16						

**REFEREE**