

## Cardiff Met Christmas Classic 2018 TIMETABLE V4

Track Events						Entries
T01	Men	60m Hdl- Open	Heats	12:00 PM	1 Heat	1 SEN 2 U20WOMEN
T02	Men	60m Hurdles - CE	Heats	12:05 PM	1 Heat	4 U20 CE
T03	U13--U17	1k Walk (mixed)	Final	12:10 PM	1 Heat	2MEN/3WOMEN
T04	U20-SEN	3k Walk (Mixed)	Final	12:20 PM	1 Heat	3MEN/3WOMEN
T05	Women	60m Hdl - Open	Heats	12:40 PM	1 Heat	8WOMEN
T06	Women	60m Hurdles - CE	Heats	12:45 PM	1 Heat	3 U20 CE
T07	Men & Women	3000m - Open including WM (mixed Graded)	Heats	12:50 PM	6 Heats	71MEN/23WOMEN
T08	Women	300m - Open	Heats	2:20 PM	8 Heats	31WOMEN
T09	Men	300m - Open	Heats	2:50 PM	9 Heats	35MEN
T10	Women	60m - Open	Heats	3:20 PM	5Heats	40WOMEN
T11	Men	60m - Open	Heats	3:45 PM	7 heats	57MEN
T12	Men	600m - Open	Heats	4:25 PM	5 Heats	34MEN
T13	Women	600m - Open	Heats	4:50 PM	3 Heats	22FEMALE
T14	Men & Women	60m Santa Sprints	Final	5:05 PM	1 FINAL	
T15	Women	60m - Open	Final	5:10 PM	1 FINAL	
T16	Men	60m - Open	Final	5:15 PM	1 FINAL	
T17	Men	60m - Combined Events	Heats	5:20 PM	1 Heat	

**\*\*Fastest to slowest heats\*\***

Field Events						Entries
F01	Men & Women	Triple Jump	Final	11:30AM		5MEN/5 WOMEN
F02	Men & Women	Pole Vault COMP-1	Pool	11:30AM		22Entries
F03	Men	Shot - Open (SENM-7.26kg)/(U20M-6.00kg)	Final	1:00 PM		4SEN/ 3 U20 MEN
F04	Women	Shot - Open (4.00kg) - Women	Final	1:00 PM		6WOMEN
F05	Men	Shot (SENM-7.26kg)/(U20M-6.00kg) CE	Final	1:00 PM		4 U20 MEN CE
F06	Women	Shot (4.00kg) CE - Women	Final	1:00 PM		3 WOMEN
F07	Men	Long Jump - Men	Final	1:30 PM		13MEN
F08	Men	High Jump - Men	Final	2:00 PM		12MEN
F09	Women	High Jump - Women	Final	2:00 PM		9 WOMEN
F10	Men & Women	Pole Vault COMP-2	Pool	2:30 PM		22Entries
F11	Men	High Jump - Men Combined Events	Final	3:45 PM		4 U20 MEN CE
F12	Women	Long Jump - Women	Final	3:45 PM		21WOMEN
F13	Women	Long Jump Women Combined Events	Final	3:45 PM		3WOMEN