



Cardiff Met
SPORT | CHWARAEON

CARDIFF MET OPEN 2017

4th September

RESULTS



Cardiff Met
SPORT | CHWARAEON

****Any issues with Name, club or age group email jthie@cardiffmet.ac.uk**

TRACK 100m

Position	Time	First name	Surname	Age Group	Club
Race 1					
1	14.28	Isabella	Wigley	U13G	Cardiff Archers
2	14.63	Jack	O'Brien	U13B	Bridgend AC
3	14.73	Ryan	Clark	U13B	Cardiff Archers
4	14.90	Rhys	Isreal	U13B	Cardiff Archers
5	15.42	Thomas	Matthews	U13B	Brecon AC

Race 2					
1	13.37	Mabon	Rhys	U13B	Bridgend AC
2	13.99	Noah	Bennett	U13B	Cwmbran Harriers
3	14.37	Harry	Beddall	U13B	Cardiff Archers

Race 3					
1	14.08	Katie	Gill	U13G	Cardiff Archers
2	14.30	Sophie	Davies	U13G	Cardiff Archers
3	14.40	Toks	Askanbi-Mortimer	U13G	Cardiff Archers
4	14.89	Evan	Bailey	U13G	Bridgend AC
5	15.27	Anna	Brooks	U13G	Cardiff Archers

Race 4					
1	12.12	Zak	Wall	U15B	Cardiff Archers
2	14.73	Mason	Heal	U15B	Cardiff Archers

Race 5					
1	14.34	Elinor	Thomas,	U15G	Llanelli AAC
2	14.92	Maddie	Hamer	U15G	Cardiff Archers
3	14.95	Mary	Ryan	U15G	Cardiff AAC
4	14.96	Niamh	O'Brien	U15G	Bridgend AC

Race 6					
1	12.98	Caitlyn	Mapps	U15G	Cardiff Archers
2	13.50	Ellie	Isaac	U15G	Cardiff Archers
3	13.57	Gabby	Dickinson	U15G	Cardiff AAC
4	13.75	Eve	Pearson	U17W	Cardiff A A C
5	13.98	Ellie	Miles	U15G	Cardiff Archers
6	14.15	Victoria	Owen	U15G	Cardiff Archers

Race 7					
1	12.97	Sophie	Matthews	U20W	Brecon AC
2	13.18	Katy	Townsend	SW	Cheltenham harriers
3	14.39	Juliet	Sidney	SW	Newport Harriers
4	14.57	Rhianna	Satterly	U17W	Cardiff AAC
5	14.84	Ceri	Jones	U20W	Cardiff AAC
6	15.02	Charlie	Northey	SM	Brecon AC

Race 8					
1	11.88	Cameron	Pamment	U17M	Cardiff AAC
2	12.19	Liam	Montgomery	U17M	Cardiff Archers
3	12.38	Jacob	Davies	U17M	Cardiff Archers
4	12.52	Sam	Davies	U17M	Cardiff Archers
5	12.69	Dewi	Paris	U17M	Cardiff Archers

Race 9					
1	11.42	Wayne	Booth	SM	FODAC
2	11.64	Dylan	Parry	U20M	Swansea harriers
3	12.02	Ben	Griffin	U17M	Brecon AC
4	12.17	Steffan	Jones	U17M	Swansea harriers

Race 10					
1	12.42	Jamie	Verran	SM	Cardiff AAC
2	12.73	Taylor	Jones	SM	No Club
3	13.91	Tarian	Pumford	U17M	Rhondda
4	14.04	Paul	Evans	SM	Brecon AC
5	14.17	Tommy	Evans	U20M	Rhondda

TRACK MILE

Race/ Pos	Time	First name	Surname	Age Group	Club
Race 1					
1	5:20.27	Callum	Thomas	U15B	Cardiff Archers
2	5:31.55	Loui	Camilleri	U13B	Cardiff Archers
3	5:33.82	Huw	Riley	U15B	Cardiff Archers
4	5:50.75	Chris	Jones	U13B	Cardiff Archers
5	5:51.99	Rhys	Bowen	U13B	Cardiff Archers
6	6:20.06	Charlie	Flynn	U13B	Cardiff Archers
7	6:24.35	Finley	Keane	U13B	Cardiff Archers
Race 2					
1	5:25.10	Alanah	Hill	U15G	Cardiff Archers
2	5:30.57	Charlie	Northey	SM	Brecon A C
3	5:58.56	Freya	Roberts	U15G	Cardiff Archers
4	6:15.35	Amy	Tucker	U13G	Llanelli AAC
5	6:22.45	Emily	Dent	U13G	Cardiff Archers
6	7:21.43	Elinor	Thomas,	U15G	Llanelli AAC
7	7:24.83	Imogen	Vaughan	U15G	Cardiff AAC
Race 3					
1	5:47.40	Eleanor	Lacey	SW	
2	5:48.41	Aimee	Ferguson	SW	Aberdare VAAC
3	5:53.46	Daniel	Lloyd	SM	CDF
4	5:58.3	Richie	Mann	SM	San Domenico RC
5	6:04.94	Mikey	Owens	SM	Good Gym Cardiff
6	6:07.62	Mark	Roberts	SM	
7	6:17.83	Tom	Power	SM	Good Gym Cardiff
8	6:31.56	Michael	Davies	SM	les Croups
9	6:43.49	Lucy	Marsh	SW	Good Gym Cardiff
10	7:36.55	Daniel	McKerlich	U17M	Cardiff AAC
Race 4					
1	5:08.33	Gabrielis	Stuokes	SM	Les Croups
2	5:25.89	Paul	O'Callaghan	SM	Good Gym Cardiff
3	5:26.53	Brian	Dias	SM	Cardiff AAC
4	5:30.63	Nia	Riley	U17W	Cardiff Archers
5	5:31.59	Callum	Campion	U17M	Llanelli AAC
6	5:43.31	Ben	Annear	SM	Good Gym Cardiff
7	5:44.13	Seren	Rayment	U17W	Cardiff Archers
8	6:02.02	Claire	Bruce	SW	Les Croups

Race 5					
1	4:23.12	Steve	Morris	SM T20	Cardiff AAC
2	4:32.05	Dan	Bodman	SM	Aberdare VAAC
3	4:38.39	James	Penrose	U17M	Cardiff Archers
4	4:40.97	Olly	Sheppard	SM	Emersons Green
5	4:42.71	Sebastian	lewis	U17M	Neath Harriers
6	5:07.76	Paul	Lacey	SM	Cardiff AAC
7	5:24.65	Steffan	Jones	U17M	Swansea harriers

FIELD SHOT

Position	Age group	Distance	First	Surname	Club
1	U13G	8.55	Chloe	Jones	Swansea Harriers
2	U13G	7.2	Mia	Williams	Pontyclun AC
3	U13G	6.61	Sophie	Lisk	Cardiff Archers

1	U15G	9.66	Ellie	Beddall	Cardiff Archers
2	U15G	7.73	Ella	Jackson	Cardiff Archers
3	U15G	7.68	Rhianna	Satterly	Cardiff AAC
4	U15G	7.45	lily	Gregson	Cardiff AAC
5	U15G	6.08	Niamh	O'Brien	Bridgend AC

1	U17W	12.22	Gwennan	lewis	Newport Harriers
2	U17W	10.92	Molly	Greenman	Cardiff Archers

1	U13B	7.9	Matthew	Paris	Cardiff Archers
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1	U17M	11.75	Dylan	bevan	Newport Harriers
2	U17M	10.74	Kyle	Davies	Brecon AC

FIELD LONG JUMP COMBINED 1 & 2

Position	Age group	Distance	First	Surname	Club
1	U13G	3.92	Katie	Gill	Cardiff Archers
2	U13G	3.88	Ewan	Bailey	Bridgend AC

1	U15G	5.23	Caitlyn	Mapps	Cardiff Archers
2	U15G	4.65	Ellie	Isaac	Cardiff Archers
3	U15G	4.59	Gabby	Dickinson	Cardiff AAC
4	U15G	4.44	Ellie	Miles	Cardiff Archers
5	U15G	4.38	Elinor	Thomas,	Llanelli AAC
6	U15G	4.25	Ella	Jackson	Cardiff Archers
7	U15G	3.93	Maddie	Hamer	Cardiff Archers
8	U15G	3.44	Mary	Ryan	Cardiff AAC
9	U15G	2.71	Imogen	Vaughan	Cardiff AAC

1	U20W	4.65	Sophie	Matthews	Brecon AC
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1	SW	5.17	Katy	Townsend	Cheltenham harriers
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1	U13B	4.05	Noah	Bennett	Cwmbran Harriers
2	U13B	3.86	Harry	Beddall	Cardiff Archers
3	U13B	3.63	Jack	O'Brien	Bridgend AC
4	U13B	3.48	Alex	Thomas	Llanelli AAC
5	U13B	3.46	Thomas	Matthews	Brecon AC

1	U15B	5.59	Zak	Wall	Cardiff Archers
2	U15B	4.57	Mason	Heal	Cardiff Archers

1	U17M	5.5	Cameron	Pamment	Cardiff AAC
2	U17M	5.36	Mark	Mellor	Cardiff Archers

1	U20M	6.38	Kellen	Jones	Newport Harriers
2	U20M	5.85	Rhys	Roberts	Bridgend AC

1	SM	6.55	Simon	Hammann	Bristol & west
2	SM	6.08	Ashley	Jones	Cardiff University
3	SM	5.79	Phil	Warwicker	Cardiff Archers