

## CARDIFF MET OPEN 4<sup>th</sup> SEPT 2017

### 100m Entries (24<sup>th</sup> Aug) \*If missing off entries please email [jthie@cardiffmet.ac.uk](mailto:jthie@cardiffmet.ac.uk)

1	Caitlyn Mapps	Cardiff Archers	U15G	100m	12.66
3	Sophie Davies	Cardiff Archers	U13G	100m	13.78
8	Mason Heal	Cardiff Archers	U15B	100m	14.60
13	Ben Paris	Cardiff Archers	U20M	100m	10.94
14	Dewi Paris	Cardiff Archers	U17M	100m	12.36
18	Harry Beddall	Cardiff Archers	U13B	100m	13.76
21	Zak Wall	Cardiff Archers	U15B	100m	11.84
23	Anna Brooks	Cardiff Archers	U13G	100m	No PB
27	Ellie Rose Isaac	Cardiff Archers	U15G	100m	13.21
29	Ellie Miles	Cardiff Archers	U15G	100m	13.9
34	Sam Maullin-Davies	Cardiff Archers	U17M	100m	12.11
35	Jacob Maullin-Davies	Cardiff Archers	U17M	100m	11.9
38	Katie Gill	Cardiff Archers	U13G	100m	14.09
40	Josh Nott	Cardiff Archers	U15B	100m	11.7
41	Liam Montgomery	Cardiff Archers	U17M	100m	11.85
42	Maddie Hamer	Cardiff Archers	U15G	100m	14.46
45	Steffan Jones	Swansea harriers	U17M	100m	11.6
49	Owain Hughes	Neath Harriers	U17M	100m	11.15
51	Aharan Gram-Mulvaney	Cardiff AAC	U13B	100m	15.6
54	Dylan Parry	Swansea harriers	U20M	100m	11.3
61	Eve Peason	Cardiff AAC	U17G	100m	13.35
64	William Hawker	Rhymney Valley	U13B	100m	14.5
70	Katy Townsend	Cheltenham	SW	100m	12.82
72	Aimee Childs	Bridgend AC	U13G	100m	14.18
73	Jack O'Brien	Bridgend AC	U13B	100m	14.67
75	Niamh O'Brien	Bridgend AC	U15G	100m	15.27
77	Tomos Broad	Bridgend AC	U13B	100m	13.84
78	Evan Bailey	Bridgend AC	U13G	100m	14.44
84	Wayne Booth	FODAC	SM	100m	11

### Shot Entries (24<sup>th</sup> Aug) \*If missing off entries please email [jthie@cardiffmet.ac.uk](mailto:jthie@cardiffmet.ac.uk)

7	Molly Greenman	Cardiff Archers	U17W	Shot	10.88
15	Matthew Paris	Cardiff Archers	U13B	Shot	7.75
20	Ellie Beddall	Cardiff Archers	U15G	Shot	10.67
30	Sophie Lisk	Cardiff Archers	U13G	Shot	7.04
33	Ella Jackson	Cardiff Archers	U15G	Shot	8.11
47	Garaint Pugh	Cardiff AAC	U20M	Shot	13.02
50	Gwennan Lewis	Newport Harriers	U17W	Shot	11.52
56	Lily Gregson	Cardiff AAC	U15G	Shot	7.51
59	Dylan Bevan	Newport Harriers	U17M	Shot	11.88
76	Niamh O'Brien	Bridgend AC	U15G	Shot	5.99

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**Long Jump entries (24th Aug) \*If missing off entries please email [jthie@cardiffmet.ac.uk](mailto:jthie@cardiffmet.ac.uk)**

2	Caitlyn Mapps	Cardiff Archers	U15G	Long Jump	5.52
4	Sophie Davies	Cardiff Archers	U13G	Long Jump	3.97
5	Phil Warwicker	Cardiff Archers	SM	Long Jump	6.13
9	Mason Heal	Cardiff Archers	U15B	Long Jump	4.58
19	Harry Beddall	Cardiff Archers	U13B	Long Jump	4.36
22	Zak Wall	Cardiff Archers	U15B	Long Jump	4.87
26	Ellie Rose Isaac	Cardiff Archers	U15G	Long Jump	4.76
28	Ellie Miles	Cardiff Archers	U15G	Long Jump	4.62
32	Ella Jackson	Cardiff Archers	U15G	Long Jump	4.61
39	Katie Gill	Cardiff Archers	U13G	Long Jump	4.29
43	Maddie Hamer	Cardiff Archers	U15G	Long Jump	3.96
52	Aharan Gram-Mulvaney	Cardiff AAC	U13B	Long Jump	2.74
55	Kellen Jones	Newport Harriers	U20M	Long Jump	6.79
67	Noah Bennett	Cwmbran	U13B	Long Jump	4.75
71	Katy Townsend	Cheltenham	SW	long jump	5.35
74	Jack O'Brien	Bridgend AC	U13B	Long jump	3.92
79	Evan Bailey	Bridgend AC	U13G	long jump	4.22

**Mile entries (24th Aug) \*If missing off entries please email [jthie@cardiffmet.ac.uk](mailto:jthie@cardiffmet.ac.uk)**

6	Finley Keane	Cardiff Archers	U13B	Mile	(est. 6.20)
10	Rhys Bowen	Cardiff Archers	U13B	Mile	(1500 5.08)
11	Freya Roberts	Cardiff Archers	U15G	Mile	5.55
12	Loui Camilleri	Cardiff Archers	U13B	Mile	(1500 - 5.04)
16	James Penrose	Cardiff Archers	U17M	Mile	4.24
17	Andrew Penrose	Cardiff Archers	U15B	Mile	5.32
24	Callum Thomas	Cardiff Archers	U15B	Mile	5.40
25	Seren Rayment	Cardiff Archers	U17W	Mile	(1500 - 5.07)
31	Charlie Flynn	Cardiff Archers	U13B	Mile	(Est. 6.00)
36	Nia Riley	Cardiff Archers	U17W	Mile	(1500 4.53)
37	Huw Riley	Cardiff Archers	U15B	Mile	(1500 4.57)
44	Gabrielis Stukes	Les Croups	SM	Mile	5.07
46	Steffan Jones	Swansea harriers	U17M	Mile	04:46
48	Danielle Phillips	Park Bryn Bach	SW	Mile	5.59
53	Dan Lloyd	CDF	SM	Mile	5.49
57	Claire Bruce	Les Croups	SW	Mile	5.47
58	Sebastain Lewis	Neath Harriers	U17M	Mile	4.4
60	Constance wood	Cardiff AAC	U15G	Mile	5.3
62	Lucy Marsh	Good Gym Cardiff	SW	Mile	7.09
63	Ben Annear	Good Gym Cardiff	SM	Mile	5.4
65	Miles Thomas	Lliswerry	SM	Mile	4.55
66	Tom Power	Good Gym Cardiff	SM	Mile	7
68	Mikey Owens	Good Gym Cardiff	SM	mile	7.15
69	Paul O'Callaghan		SM	mile	5
80	Daniel Mckerlich	Cardiff AAC	U17M	Mile	7
81	Brian Dias	Cardiff AAC	SM	Mile	5
82	Paul Lacey	Cardiff AAC	SM	Mile	4.55
83	Steve Morris	Cardiff AAC	SM	Mile	4.15