



cardiffmetathletics

BUCS Outdoor Championships 2017

29th April – 1st May 2017

Selection Policy

Overview and Scope

The selection panel for this fixture will be James Thie (Performance Director) and Matt Wood (Director of Coaching). It is the aim of the panel to select the strongest team to represent Cardiff Met. An athletes potential to achieve a top eight outcome as well as their ability to satisfy a minimum BUCS standard will be considered along with their personal best, current form and previous championship performance. Individual cases of 'development potential' will also be considered.

Performances will be considered up to and including 23rd April. As with all BUCS competitions entries close well in advance of the event (6th April) therefore a team entry is made prior to this date to secure places at the championships. **The Final Team Selection will be made and announced on 24th April.**

So that athletes and coaches can make appropriate plans for training and preparation for the event ALL athletes are encouraged to communicate with James and Matt to make them aware of any key information linked to potential selection.

Relay athletes will be considered after individual slots have been filled. As with individual events the ability for a squad to achieve top eight will prioritise decision making for this event.

Athletes must have a best performance recorded in the specific event they wish to be selected for between 1st March 2015 and 6th April 2017 (further eligibility information is contained below).

For further information or selection related conversations please contact James Thie jthie@cardiffmet.ac.uk and Matt Wood mwood@cardiffmet.ac.uk.



Eligibility

To be considered for selection athletes must;

- Be eligible to compete for Cardiff Metropolitan University as stated by the BUCS regulation 6.1 (see below)

REG 6.1.1 Be a registered student at an institution of Higher or Further Education (1) that is a currently entitled to participate in BUCS competitions.

REG 6.1.3 Be registered on a credit rated course e.g. MSc, Degree or HND.

REG 6.1.3 Be undertaking a study programme equivalent to at least 60 credits per year, or in the case of a postgraduate student be undertaking a study programme of no less than 50% of the full time student programme. HE institutions that have FE students registered with them and undertaking a minimum of 225 Guided Learning Hours are eligible to compete in BUCS competitions

Read more at

<http://bucs.org.uk/page.asp?section=17288&ionTitle=REG+6+Individual+Eligibility+and+Team+Selection#vojyJTQeo9xgeeOR.99>

- Are a Cardiff Met Athletics Club member.
- **Athlete BPs must have been set between 1st March 2015 and 6th April 2017.**
- Have achieved the required BUCS entry standard – Please see standards at the end of this document.



2017 ENTRY STANDARDS

The first two athletes from an institution will automatically count as the scoring athletes. Any institution that has entered a third and fourth athlete into an event has to adhere to the rule that **ALL** athletes from their institution in that event have achieved these entry standards.

These standards are set by BUCS at the average result for the 8th finisher in track events and the 12th finisher in field events over the past 5 years of BUCS Outdoor Athletics competition.

Please note that any athletes being substituted in where a standard has been required must also have attained the given standard.

ENTRY STANDARDS FOR ATHLETES 3 AND 4		
	Men	Women
100m	11.00	12.40
200m	22.30	25.50
400m	49.20	57.00
800m	1:54.64	2:13.80
1500m	3:53.65	4:38.19
5000m	15:04.00	17:34.59
10,000m	31:42.00	38:30.00
110m/100m Hurdles	15.16	15.00
400m Hurdles	55.29	1:03.00
3000m/2000m Steeplechase	9:38.00	7:28.00
High Jump	1.85	1.55
Long Jump	6.60	5.15
Triple Jump	13.60	10.70
Pole Vault	3.90	2.70
Discus	37.00	34.00
Shot Put	12.00	10.40
Javelin	52.00	32.40
Hammer	42.00	38.00



Men's and Women's 5000m

The following entry standards will apply for ALL entries into the 5,000m. ALL electronic links for Best Performance within the last 2 years, i.e. between 1 March 2015 and 7th April 2017 inclusive WILL be checked for these events.

ENTRY STANDARDS FOR ALL ATHLETES 1 AND 2		
	Men	Women
5000m	17:00.00	20:00.00

Park run times for 5k will be accepted providing you meet the Entry Standard. However, athletes will be given the slowest BP for seeding.

Men's and Women's Triple Jump - Men will be competing off a minimum of an 11m board and Women off a minimum of a 9m board.

ENTRY STANDARDS FOR ALL ATHLETES 1 AND 2		
	Men	Women
Triple Jump	12.00m	10.00m