

330	Natalie	Connor	Shaftesbury Barnet Harriers	U20W							4.4 0						
331	Amelia	Reynolds	Cardiff AAC	U20W		24.0 6											
332	Ffion	Llewellyn	Bridgend AC	U20W												3.4 0	
333	Gwennan	Lewis	Newport Harriers	U20W													10.0 0
334	Samantha	Barrett	Bristol and West AC	U20W											11.0 0		
335	Isobel	Parry-Jones	Cwmbran Harriers	U20W						4.3 0							
336	Isabel	Breeden	Cardiff AAC	U20W			8.90										
337	Susannah	Reid	Cambridge & Coleridge	SENW						2.1 6							
338	Sarah	Mckeever	Sale Harriers	SENW			3.95										
339	Georgia	Pickles	Sale Harriers Manchester	SENW													3.8 0
340	Anna	Burt	Team Bath AC	U20W						2.0 6							
341	Nia	Riley	Cardiff Archers	U20W						2.1 7							
342	Silvia	Amabilino	B&WAC / UBACCC	SENW													3.5 0
343	Lisa	Scarfi	Newport Harriers	U20W				65.9 0									
344	Grace	Cottrell	Yeovil Olympiads AC	SENW		26.0 0											
345	Bethan	Wainwright	Newport Harriers	U20W							5.0 3						
346	Catrin	Lord	Cardiff AAC	U20W										5.7 0			
347	Sofia	Vella	Cardiff	U20W						2.2 3							
348	Armani	Williams	Newport Harriers	U20W		25.7 9											
349	Lucy	Jones	Cardiff University	SENW				0.00									
350	Holly	Kinsey	Tavistock Athletic Club	U20W	8.38												
351	Alison	Singleton	University of Wales Trinity St David	SENW	8.09												
352	Celyn Mai	Williams	Carmarthen Harriers	U20W	9.00												
353	Jessica	Robins	University of Gloucestershire	SENW											5.2 4		

354	Laura	Riches	Leigh Harriers	SENW							4.3 0						
355	Abigail	Howarth	Leigh Harriers	SENW							4.3 5						
356	Annie	Testar	Stroud AC	U20W						2.1 2							
357	Victoria	Mould	Southampton/Loughborough	SENW												11.8 0	
369	Holly	Kinsey	Tavistock Athletic Club	U20W	8.42	26.7 9											
370	ELISHA	Thomas	NEWPORT HARRIERS	U20W	8.15	26.7 3											
371	Issie	Tustin	Cardiff AAC	U20W	7.92	25.9 2											
372	Annie	Lewis	Yate	U20W	8.00	25.5 0											
373	Amy	Odunaiya	Cardiff Metropolitan University	SENW	6.91	25.2 0											
374	Isabel	Davies	Newport Harriers	U20W	8.27	25.7 4											
375	Katie-jane	Priest	Swansea Harriers	SENW	7.70	25.0 0											
376	Olivia	Walker	Cannock & Stafford AC	SENW		25.6 0	8.45										
377	Anna	Stanworth	Falmouth & Exeter Students' Union AC	SENW		29.5 0		60.0 0									
378	Jenna	Blundell	TeamBath AC	U20W	8.10	26.0 0											
379	Sarah	Gibbs	Newport Harriers	U20W	8.13	26.9 0											
380	Emma	Martin	Cardiff Archers	U20W		29.3 8							1.5 4				
381	lily	Gaskin	cardiff AAC	U20W		27.0 0		65.0 0									
382	Gabriella	Salmon	University of the West of England	SENW	12:0 0											4.0 0	
385	Lily	Ivin	CARDIFF ARCHERS	U20W		28.8 0							1.5 0		4.9 9		
386	bethan	Burley	Wimborne AC	U20W			9.00								5.2 5		10.7 5
387	Lauryn Louise	Davey	Carmarthen harriers	U20W	9.00		10.5 0								5.5 0		
388	Charlotte	Wingfield	Cardiff Met AC	SENW													0.00
389	Katy	Townsend	Cardiff Met AC	SENW										5.2			

									0										
419	Mari	Cottle-M'boge	Swansea University	SENW	7.60														
420	Eliza	Durnall	Cardiff AAC	U20W														10.12	
421	Lianne	Lafreniere	Swansea	U20W							2.20								
422	Sophie	Pope	Cwmbran	U20W											1.55				
423	Mollie	Samuel	Newport Harriers	U20W							5.08								
424	Grace	Morgan	Cardiff Archers	U20W		27.41													
425	Ceri	Jones	Cardiff AAC	U20W														2.30	
426	Bethany		University of Exeter	U20W		26.80													
427	Ellie-May	Stonehewer	cardiff aac	U20W														10.14	
428	Juliet	Sidney	Newport Harriers	SENW	8.83														
429	Laura	Measor	SGS College(BAoS)/B&W AC	U20W	9.26														
430	Natalia	Balcerzak	SGS College (BAoS)	U20W	8.78														
431	Laura	Johnson	SGS College(BAoS)/Yate & District AC	U20W					65.00										
432	Nichelle	Santagata	University of Bristol Athletics and Cross Country	SENW							6.50								
433	Romy	Naven	Swansea University	SENW	9.00														
434	Holly	Brown	Newport Harriers	U20W	8.67														
435	Emilie	Davies	Blaenau gwent	U20W		27.24									1.51				
436	Andrea	Jesudason	Bristol & West AC	SENW	8.40												5.20		
437	Jessica	Sheff	SGS College(BAoS)/B&W AC	U20W	8.75										1.45				
438	Harriet	Grafe-Nicholas	Cardiff archers	U20W	9.70												4.70		
439	Rebecca	Chapman	Cardiff AAC/Cardiff Met	SENW	7.50												6.15		
440	Sara	Geary	Cardiff AAC/Cardiff Met	SENW	7.90		9.07												
442	Lauren	Evans	Cardif AAC	U20W	9.30										1.70	5.50			
443	Belem	De Pascual	Cardiff Met AC	SENW											1.65				

312	Esther	Leong	North Somerset	U20W													3.5 0	
313	Nicole	Kendall	Exeter University	SENW	8.08													
314	Mollie	Courtney	Cheltenham & County Harriers / University of Gloucestershire	SENW			8.30											
315	Stephanie	Beardsmore	Cheltenham/Cardiff Met	U20W	8.20													
316	Rownita	Marston	Bristol & West A.C.	U20W														0.00
317	Emily	Steer	Cardif AAC	U20W										1.4 5				
318	Charlotte	Taylor	Bristol & West AC	U20W									4.1 5					
319	Sarah	Everitt	Bristol & West AC	U20W									5.0 3					
358	Jade	Kinsey	Tavistock Athletic Club	U20W	8.28				61.0 0									
359	Holly	Bankes	Stroud AC	U20W					59.2 7									
360	Anne	Doyle	North Devon Athletics Club	SENW	8.50				63.5 0									
361	Rebecca	Roots	Torbay AC	U20W	8.13				61.3 0									
362	Elyse	Leech	TorbayAAC	U20W	8.17	25.6 0												
363	Natasha	Mead	exeter harriers	SENW	9.00												4.0 0	
364	Madeline	Hartnoll	Bristol and West AC	U20W			11.0 0											2.5 0
365	Emma	Sharpe	North Devon AC	U20W	8.90													8.00
366	Lillian	Goddard	Torbay / Marjons Uni	SENW	8.25				59.9 0									
367	Laura	Butcher	North Devon Athletics Club	SENW	7.89	28.0 0												
368	Tia	Jackson	Bristol & West AC	U20W	7.80													5.5 0
383	Sophie	Matthews	Brecon AC	U20W	8.29													4.8 0
384	Emily	Joseph	Torbay AC	U20W	8.50	27.3 0	9.50											
404	Alice Emily Hannan		Brunel University	U20W					59.0 0									
405	Molly Caudery		Cornwall AC	U20W														3.9 0
406	louise jeffries		team bath athletic club	SENW									5.4					

											0					
407	Bethany		University of Exeter	U20W	8.05											
408	Ellen Barber		Yeovil Olympiads	SENW			9.30									11.50
409	Sarah Long		Team Bath	U20W	8.19			63.80								
441	Georgia Silcox		Yeovil Olympiads	U20W		26.70	9.00							5.49		
213	Lucy	Wathan	Brecon AC	MW40		0.00				0.00						
214	Vicky	Fear	Lliswerry Runners	MW35		0.00										
215	Juliet	Sidney	Newport Harriers	MW45		0.00										
216	Fiona	Steel	Motherwell AC	MW50		0.00										
217	Angela	Sonn	Forest of Dean AC	MW55		0.00										
218	Melanie	Garland	Worcester AC	MW50		0.00								0.00	0.00	
219	Jane	Horder	Cheltenham Harriers	MW55		0.00										
220	Patricia	Oakes	Ashford Ac	MW70		0.00								0.00	0.00	
221	Dorothy	Fraser	Lincoln Wellington	MW75		0.00										
222	Suzanne	Harding	Gloucester	MW40						0.00						
223	Joan	Howe	Trafford AC	MW60						0.00						
224	Nancy	Hitchmough	Dudley & Stowbridge	MW65						0.00						
225	Patricia	Gallagher	Westbury Harriers /Yate & District	MW70						0.00						
226	Jane	Timberlake	Worcester AC	MW50										0.00	0.00	
227	Clare	St John-Coleman	Chelmsford AC	MW55										0.00	0.00	
228	Daphne	Marler	Swansea Harriers	MW70										0.00	0.00	
212	Victoria	Watkins	Worcester AC	MW35		0.00				0.00						